

## Chediak Higashi syndrome

autosomal recessive, neutropenia, albinism, cranial and peripheral neuropathy, tendency to develop repeated infections, abnormal WBCs (abnormal microtubule formation and large cytoplasmic granules = lysosomes) p25

## Cri du chat syndrome

5p chromosome deletion, severe mental retardation, microcephaly, catlike cry, low birth weight, round face, hypertelorism (wide eyes) p51

## DiGeorge syndrome

aka velocardiofacial syndrome and CATCH 22 syndrome, micro deletion of 22q11, Cardiac abnormalities, Abnormal facies, T cell deficit due to thymic hypoplasia, Cleft palate, Hypocalcemia due to hypoparathyroidism, from poor development of 3rd and 4th cranial arches p51 and p73

## Edwards syndrome

aka trisomy 18, mental retardation, prominent occiput, micrognathia (small jaw), low-set ears, rocker-bottom feet, finger deformities, congenital heart dx p51

## Patau syndrome

aka trisomy 13, mental retardation, microcephaly, microphthalmia, brain abnormalities, cleft lip/palate, polydactyly, rockerbottom feet, congenital heart dx p51

## Klinefelter syndrome

at least 2 X and one Y, hypogonadism, tall, gynecomastia, low testosterone, high pituitary gonadotropins, infertility, p51

## Turner syndrome

45 XO, female hypogonadism, hypothyroid, short, webbed neck, 1\* amenorrhea p52

## Prader willi syndrome

paternal transmission del (15)(q11q13), hypogonad, hypotonia, mental retardation, behavior probs, uncontrolled appetite p53

## Angelman syndrome

maternal transmission del(15)(q11q13), aka happy puppet syndrome, mental retardation, ataxia, seizures, inappropriate laughter p53

## Osler Weber Rendu syndrome

aka hereditary hemorrhagic telangiectasia, telangiectasias in skin and mucous membranes, epistaxis, GI bleeds p55 and p189

## Marfan syndrome

deficient fibrillin (constituent of microfibrils),  
arachnodactyly, ectopia lentis, aortic aneurysm,  
mitral valve prolapsed p55

## Von Recklinhausen dx

aka neurofibromatosis, neurofibromas in skin,  
schwannomas of CN VIII, café au lait spots, lisch  
nodules, skeletal disorders, other tumors, mutated  
NF1 tumor suppressor gene, osteolytic lesions,  
brown tumors p55 and p96 and 347

## Von Hippel Lindau dx

hemangioblastoma or cavernous hemangioma of  
cerebellum, brainstem or retina, adenomas, cysts in  
liver, kidney, pancreas, and other organs, increased  
renal cell CA, gene = short arm of chromosome 3 p55  
and p127

## Tay Sachs dx

deficient hexosaminidase A, GM2 ganglioside  
accumulation, especially in neurons, CNS  
degeneration, mental/motor deterioration,  
blindness, cherry red spot on macula, death by 4  
years of age p56

## Gaucher dx

deficient glucocerebrosidase, accumulation of  
glucocerebroside in cells of mononuclear phagocyte  
system 3 types :: see p 56

## Niemann Pick dx

deficient sphingomyelinase, accumulation of sphingomyelin in phagocytes, foamy histiocytes in liver, spleen, lymph nodes, skin, hepatosplenomegaly, anemia fever, occasional neurodegeneration, half have cherry red spot macula p 57

## Hurler syndrome

mucopolysaccharidosis, deficient  $\alpha$  L iduronidase, accumulations of heparin sulfate and dermatan sulfate in heart, brain, liver, and other organs, progressive, hepatosplenomegaly, dwarfism, gargyle-like facies, stubby fingers, corneal clouding, mental retardation, death by 10 years of age p57

## Von Gierke dx

deficient glucose-6-phosphatase, accumulation of glycogen in liver and kidney, hepatomegaly, hypoglycemia p57

## Pompe dx

deficient  $\alpha$ 1,4 glucosidase, accumulation of glycogen in liver, heart, skeletal muscle, cardiomegaly, muscle hypotonia, splenomegaly, intractable hypoglycemia, death from cardiorespiratory failure before age 3 p57

## Cori dx

deficient debranching enzyme amylo-1,6-glucosidase, glycogen in liver, heart, skeletal muscle, stunted growth, hepatomegaly, hypoglycemia p57

## McArdle syndrome

deficient muscle phosphorylase, glycogen in skeletal muscle, cramps with exertion p57

## Hunter syndrome

similar to Hurler, deficient L iduronosulfate sulfatase, accumulations of heparin sulfate and dermatan sulfate, hepatosplenomegaly, micrognathia, retinal degeneration, joint stiffness, mental retardation, cardiac lesions p59

## Fabry dx

aka angiokeratoma corporis diffusum universal, deficient  $\alpha$ -galactosidase A, accumulate ceramide trihexoside, skin lesions angiokeratomas, fever, burning pain in extremities, cardiovascular and cerebrovascular involvement, death as adult by renal failure p59

## Lesch Nyhan syndrome

deficient hypoxanthine::guanine phosphoribosyltransferase (HGPRT), low purine metabolism, high uric acid, thus gout, mental retardation, choreoathetosis, spasticity, self mutilation, aggressiveness p59

## Brutons Agammaglobulinemia

x linked, absence of plasma cells and serum immunoglobulins, cell mediated immunity still ok, no germinal centers, recurrent bacterial infections, resistances to fungal and viral still, btk gene defect p73

## Wiskott Aldrich syndrome

x linked, aka immunodeficiency with thrombocytopenia and eczema, total immunoglobulins often normal, recurrent infections  
p74

## Raynaud phenomenon

vasospasm of small vessels, most often in fingers, seen with autoimmune dx like SLE, scleroderma and others (R in CREST), recurrent vasospasm, always secondary to underlying disorder p77 and p129

## Raynaud disease

different in that it is the primary disorder, recurrent vasospasm of small arteries and venules, pallor, cyanosis, fingers and toes, young healthy women  
p129

## Li Fraumeni syndrome

lots of tumors, breast CA, soft tissue sarc, brain tumors, leukemias, has loss of p53 tumor suppressor gene p96

## Lynch syndrome

hereditary nonpolyposis colon cancer, DNA repair genes messed up p96

Wernicke Korsakoff syndrome

thiamine deficiency, cerebral dysfunction, aka alcoholic encephalopathy, hemorrhagic lesions in the mamillary bodies, confusion, ataxia, ophthalmoplegia, and memory loss plus confabulation p 105 and p115

Reye syndrome

aspirin toxicity seen in kids after acute febrile viral dx, microvesicular fatty change in liver and encephalopathy p108

Beriberi

this comes in a wet variety and a dry one, they are both Vit B1 thiamine deficiency

Dry beriberi

peripheral neuropathy, atrophy of muscles, wet - high output cardiac failure, DCM, AV shunting, hypervolemia p116

Churg Strauss syndrome

aka allergic granulomatous angiitis, necrotizing vasculitis, variant of polyarteritis nodosa, involves pulmonary vasculature, peripheral eosinophilia, and asthma p128

## Henoch Schonlein Purpura

hemorrhagic urticaria of extensor surfaces of arms, legs, and buttocks, with fever, arthralgias, and GI renal involvement similar to IgA nephropathy, associated with URIs p128 and 189

## Wegener granulomatosis

unknown etiology, necrotizing granulomatous vasculitis of small to medium sized vessels of the respiratory tract, kidneys, and other organs, circulating C-ANCA's p128

## Takayasu arteritis

aka pulseless dx, inflammation and stenosis of medium and large sized arteries, often aortic arch thus aortic arch syndrome p129

## Kawasaki dx

aka mucocutaneous lymph node syndrome, acute self-limited, infants and young kids, acute necrotizing vasculitis of small and medium vessels, fever hemorrhagic edema of conjunctivae, lips and oral mucosa, and cervical LAD, can cause coronary artery vasculitis with aneurysm formation p129

## Buerger dx

aka thromboangiitis obliterans, acute inflame of small and med arteries of extremities, extending to adjacent veins and nerves, young jewish men, painful ischemic dx, worse with smoking p129

Libman Sacks endocarditis

occurs in SLE, small vegetations on either or both surfaces of valves p141

Plummer Vinson syndrome

iron deficient anemia associated with upper::esophageal web p157

Mediterranean anemia or Cooley Anemia

B Thalassemia major  
p163

Hodgkin dx

malignant lymphoma with features resembling inflammatory disorder, young men, Reed Sternburg cells p176

Waldenstrom Macroglobulinemia

manifestation of lymphoplasmocytic lymphoma, B cell neoplasm p176

## Burkitt lymphoma

aggressive B-cell lymphoma, EBV, starry sky appearance, c myc p179

## Bernard Soulier dx

autosomal recessive, unusually large platelets, lack of "GPIb IX V" p191

## Kartagener syndrome

defective cilia, sinusitis, bronchiectasis, situs inversus, sometimes hearing loss and male sterility p202

## Pancoast tumor

aka superior sulcus tumor, seen in bronchogenic CA, often with Horner's p 212

## Zenker diverticulum

esophageal diverticulum just above upper esoph sphincter p221

# Virchow node

superclavicular lymph node identifying metastatic stomach CA p224

# Krukenberg tumor

metastatic stomach CA to ovary p224

# Hirschsprung dx

aka congenital megacolon, dilation of colon due to absence of ganglion cells p227

# Whipple dx

malabsorption syndrome, *Tropheryma wippelii* bacilli, small intestine commonly affected, arthralgias, cardiac, and neuro symptoms p227

# Peutz Jeghers syndrome

hamartomatous polyps in colon and small intest, freckles on lips, hands, genitalia, higher incidence of adeno CA of colon and other malignancies, stomach, breast, ovaries p230

## Gardner syndrome

autosomal dominant, numerous adenomatous polyps along with osteomas and soft tissue tumors p230

## Turcot syndrome

adenomatous polyps with tumors of CNS p230

## Gilbert syndrome

modest elevated serum unconj bilirubin, due to decreased uptake by liver cells and reduced activity of glucuronyl transferase p239

## Crigler Najjar syndrome

severe unconj hyperbilirubinemia due to deficient glucuronyl transferase p239

## Dubin Johnson syndrome

autosomal recessive, conj hyperbilirubinemia, defect in bili transport, black color to liver p239

# Rotor syndrome

similar to Dubin Johnson with no black liver p239

# Wilson dx

autosomal recessive, hepatitis, accumulation of copper due to transport problem, low ceruloplasmin seen, kayser fleischer rings in eyes p245

# Budd Chiari

thrombotic occlusion of major hepatic veins, abnormal pain, jaundice, hepatomegaly, ascites, liver failure, assoc with polycythemia vera, hepatocellular CA, and other common neoplasms, may occur as a complication of pregnancy p246

# Potter sequence

oligohydramnios causes fetus to be smashed p257

# Goodpasture syndrome

aka antiglomerular basement membrane dx, antibodies against alveolar and glomerular basement membranes, linear immunofluorescence p261

## Alport syndrome

hereditary nephritis associated with nerve deafness and ocular disorders, mutation in gene for the  $\alpha 5$  chain of type IV collagen p261

## Berger dx

aka IgA nephropathy, deposition of IgA in mesangium, benign recurrent hematuria in kids following infection p261

## Fanconi syndrome

renal tubular dysfunction, impaired reabsorption of glucose, amino acids, phosphate, and bicarb thus glycosuria, hyperphosphaturia, hypophosphatemia, aminoaciduria, systemic acidosis p264

## Hartnup dx

impaired tubular reabsorption of tryptophan, pellagra::like manifestations p264

## Wilms tumor

clear cell renal tumor seen in kids p266

Denys Drash syndrome

abnormal WT 1 gene, intersexual disorders,  
nephropathy, wilms tumor p266

Beckwith Weidemann syndrome

hemihypertrophy, macroglossia, organomegaly,  
neonatal hypoglycemia, various embryonal tumors,  
deleted WT 2 gene p268

Peyronie dx

subcutaneous fibrosis of dorsum of  
penis p279

Bowenoid papulosis

appears as multiple wart-like lesions resembling  
condyloma accuminatum p280

Bowen dx

single erythematous plaque on shaft of penis or  
scrotum p280

**Paget dx of vulva**

similar to paget breast, sometimes related to underlying adenoCA of sweat glands p291

**Stein Leventhal syndrome**

aka polycystic ovary syndrome, young women, amenorrhea, infertility, obesity, hirsutism p295

**Brenner tumor**

ovarian tumor resembling bladder transitional epith p296

**Meigs syndrome**

triad of ovarian fibroma, ascites, hydrothorax p297

If you've gotten this far, give yourself a high five

**High 5**

Sheehan syndrome

pituitary insufficiency post-partum, low TSH ACTH  
p298 and 312

Paget dx of breast

eczematoid lesion of nipple areola, large cells with  
clear "halo like" area, invade epidermis, underlying  
ductal CA p300

Paget dx of bone

aka osteitis deformans, increased osteoclastic and  
osteoblastic activity p348

Simmonds dx

aka pituitary cachexia, generalized  
panhypopituitarism p312

Addison disease

primary adrenal failure p312

Nelson syndrome

development of large pituitary adenomas following bilat adrenalectomy p313

Graves dx

autoimmune thyroiditis, hyperthyroid, exophthalmos, increased in HLA DR3 and HLA B8 pos people p315

Plummer dx

combination of hyperthyroidism, nodular goiter, absence of exophthalmos p315

Hashimoto thyroiditis

autoimmune hypothyroid, hurthle cells common p316

Reidel thyroiditis

thyroid replacement by fibrous tissue, unknown origin, mimics CA p316

Conn syndrome

primary aldosteronism p320

Waterhouse Friderichsen syndrome

catastrophic adrenal insuff and vascular collapse,  
hemorrhagic necrosis of adrenal cortex p321

Kimmelsteil Wilson dx

diffuse nodular diabetic  
glomerulosclerosis p323

Whipple triad

seen in insulinoma, episodic hyperinsulinemia and  
hypoglycemia, CNS dysfunction, reversal of CNS  
probs with administration of glucose p324

Wermer syndrome

= MEN1

Sipple syndrome

= MEN2a

Sturge Weber  
syndrome

port wine stain on face, ipsilateral glaucoma,  
vascular lesions of ocular choroidal tissue, extensive  
hemangiomas involvement of meninges p337

Lambert Eaton  
syndrome

paraneoplastic synd looks like myasthenia gravis,  
often small cell lung CA p347

McCune Albright  
syndrome

polyostotic fibrous dysplasia, precocious puberty,  
café au lait spots, short stature, young girls p349

Albers SCHonberg dx

aka osteopetrosis, marble bone dx, dense skeleton,  
failure of osteoclastic activity p349

Hand Schuller Christian dx

aka chronic progressive histiocytosis, not as bad as Letterer Siwe p350

Letterer Siwe dx

aka acute disseminated langerhans cell histiocytosis, aggressive, usually fatal, kids hepatosplenomegaly, LAD, pancytopenia, pulmonary involvement, recurrent infections p350

Ewing sarcoma

small round blue cell tumor of bone, long bones, kids, 11:22 transloc p352

Felty syndrome

variant of rheumatoid arthritis, splenomegally, neutropenia, RA p354

Still disease

variant of rheumatoid arthritis, aka juvenile rheumatoid arthritis p354

## Reiter syndrome

urethritis, conjunctivitis, arthritis, associated with venereal or intestinal infection p354

## Arnold Chiari formation

downward displacement of cerebellar tonsils and medulla through foramen magnum p364

## Charcot Bouchard aneurysm

aneurysm at small artery bifurcations p365

## Gerstmann Straussler

Scheinker syndrome :: prion dx, fatal familial insomnia

## Charcot triad

nystagmus, intention tremor, scanning speech, seen in MS p370

## Guillain Barre syndrome

acute inflammatory demyelinating dx primarily involving peripheral nerves p370

## Binswanger dx

aka subcortical leukoencephalopathy, assoc with HTN, multiple lacunar infarcts and progressive demyelination in subcortical area 372

## Huntington dx

autosomal dominant, fatal, progressive degeneration of striatum and frontal cortex with neuronal depletion and gliosis p372

## Von economo encephalitis

infectious disorder, caused postencephalitic parkinsonism p373

## Shy Drager syndrome

parkinsonism with autonomic dysfunction and orthostatic hypotension p373

## Werdnig Hoffman syndrome

aka infantile progressive spinal muscular atrophy, autosomal recessive, LMN disease, infants p373

## Councilman body

small round eosinophilic masses found in dying hepatocytes often containing chromatin remnants seen in viral hepatitis p7 and p242

## Langhans giant cell

nuclei arranged in horseshoe-shaped pattern about periphery of cell, characteristic of but not specific for granulomatous TB (as opposed to a foreign body giant cell that has scattered nuclei) p26

## Heart failure cells

intra::alveolar hemosiderin-laden macrophages caused by RBCs from capillary rupture 2\* to pulmonary HTN p35

## Brushfield spots

seen in Down synd, small white spots on periphery of iris p51

Lisch nodule

pigmented iris hamartoma seen in neurofibromatosis

Foamy histiocyte

sphingomyelin containing phagocytes seen in Niemann-Pick dx in liver, spleen, lymph nodes and skin p57

Birbeck granule

tennis racket shaped cytoplasmic inclusion seen in langerhans cells (so also seen in langerhans cell histiocytosis) p68

Arthus reaction

seen in hyperacute rejection, = acute inflammation, fibrinoid necrosis of small vessels, and extensive thrombosis p72

Names of Vitamins

B1 thiamine, B2 riboflavin, B3 niacin, B6 pyridoxine, B12 cobalamin, C ascorbic acid, D calciferol, E a::tocopherol

# Aschoff body

area of focal interstitial myocardial inflammation characterized by fragmented collagen and fibrinoid material, by large cells (Anitschkow myocytes) and occasional multinucleated giant cells (Aschoff cells)  
p140

# Smudge cells

seen in CLL, leukemic B-cells that are fragile p172

# Bence Jones protein

seen in urine of patients with multiple myeloma, Ig light chain either k or l p175

# Rouleaux formation

also seen in urine of MM, stacks of RBCs, will have high ESR p175

# Reed Sternburg cell

binucleated or multinucleated giant cell seen in Hodgkin dx

Starry sky appearance

on lymph node biopsy, seen with  
Burkitt lymphoma p179

Ferruginous body

asbestosis, yellow-brown, rod shaped body with  
clubbed ends, stain with Prussian blue p204

Signet ring cell

mucinous cell, characteristic of stomach CA met to  
ovary (krukenberg tumor) p224

Kayser Fleischer ring

ring of copper deposited around iris  
seen in Wilson Dx p245

Kimmelstiel Wilson nodules

mesangial matrix material accumulations seen in  
nodular glomerulosclerosis seen in diabetic  
nephropathy p259

Reinke crystal

intracytoplasmic inclusions seen in  
leydig cell tumors p283

Clue cell

vaginal epithelial cell with stippled appearance due  
to adherent coccobacilli p290

Donovan bodies

seen in granuloma inguinale, multiple organisms  
filling large histiocytes p291

Koilocyte

dysplastic cell seen in HPV p293

Call Exner bodies

small follicles filled with eosinophilic secretion,  
diagnostic feature of granulose cell tumor p297

# Hurthle cell

epithelial cells with eosinophilic granular cytoplasm  
seen in hashimoto p316

# Orphan annie nuclei

seen in papillary thyroid CA p316

# Brown tumor

non-neoplastic tumor like masses, fibrous  
replacement of resorbed bone p317

# Munro abscesses

minute neutrophilic abscesses found within  
parakeratotic stratum corneum in psoriasis p333

# Hutchinson freckle

aka lentigo maligna, precursor to lentigo maligna  
melanoma p336

Codman triangle

radiologic appearance of periostium  
in bone tumors p352

Heberden nodes

osteophytes at DIP joints p355

Bouchard nodes

osteophytes at PIP joints p355

Negri bodies

eosinophilic intracytoplasmic inclusions in  
hippocampus and purkinje cells seen in rabies  
infection p368

Hirano bodies

intracytoplasmic proximal dendritic eosinophilic  
inclusions consisting of actin seen in Alzheimers  
p370

**Bcl2**

gene product inhibits apoptosis p7

**Bax**

gene product facilitates apoptosis p7

**p53**

gene product facilitates apoptosis, decreases bcl::2  
and increases Bax p7

**Hfe gene**

located on xsome 6, mutation here = hereditary  
hemochromatosis p9

**HLA B27 antigen**

associated with 90% cases of ankylosing spondylitis,  
common in rheumatoid arthritis p69 and p354

## Btk gene

defective in x-linked brutons agammaglobulinemia,  
B-cell tyrosine kinase p73

## ANAs in SLE

dsDNA antibodies and Sm Smith antigen = highly  
specific for SLE p77

## Ras oncogenes

oncogenes that code for p21 proteins which are  
membrane signalers p93

## Um... see p 94

there's like 15 different oncogenes listed, knock  
yourself out

## 8:14

Burkitts c::myc is on 8, IG heavy  
chain is on 14 p95

**11:22**

transloc seen in ewing sarcoma

**14:18**

follicular lymphoma IG heavy chain on 14, bcl-2  
oncogene on 18 p95

**9:22**

Philadelphia chromosome, CML bcr abl fusion c-abl  
on 9, bcr on 22 p95

**15:17**

acute promyelocytic leukemia PML gene on 15 and  
RARA on 17 p95

**HER**

2/neu :: oncogene (aka c-erbB2), in breast cancer =  
poor prognosis p95

**N**

myc :: neuroblastoma amplicatiion correlates  
inversely with degree of differentiation p95

**Rb gene**

retinoblastoma on chromosome 13  
p95 and p352

**p53**

tumor suppressor gene, pretty much  
the coolest one p96

**NF1**

tumor suppressor mutated in Von  
Recklinhausen p96

**WT1 and WT2**

tumor suppressor mutated in wilms  
tumor p96

**APC**

tumor suppressor common in familial polyposis coli and adenoCA of colon as well as other tumors p96

**BRCA1**

tumor suppressor mutated in breast and ovary CA p96

**BRCA2**

associated with breast alone (isn't one of these associated with prostate? Check) p96

**ret**

protooncogene mutated in medullary thyroid CA (MENII) p96

**C ANCA**

associated with Wegener granulomatosis p128

**PIG A**

mutation = paroxysmal nocturnal  
hemoglobinuria p161

**Chromosome 10**

paracentric inversion or translocation with 17  
associated with papillary thyroid CA p316

**ret PTC**

associated with papillary thyroid CA

**GNAS<sub>1</sub>**

mutation here causes  
pseudohypoparathyroidism p318

**FGFR<sub>3</sub>**

gene mutated in achondroplasia (most common form  
of dwarfism), located at 4p16.3 p349

E4 allele of apoprotein E

chromosome 19, allele common in  
alzheimers